

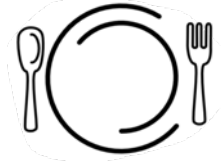
Summertime Screen Time Checklist

You may have screen time AFTER you check off all the items on this list

Make your bed



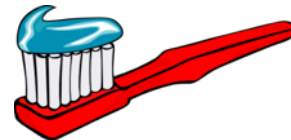
Have breakfast



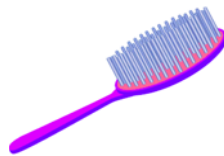
Get dressed



Brush teeth



Brush hair



AND

30 minutes of reading



20 minutes of writing or coloring



Clean up one room



Play outside for 30 minutes



Make or build something creative



Help someone in the family

